

Promoting Healing and Resilience in People with Cancer: A Nursing Perspective  
 Schools and Society During the COVID-19 Pandemic  
 Lifestyle Medicine, Fourth Edition  
 Interim guidance for country validation of viral hepatitis elimination  
 Mary Grossman Fernando M. Reimers James M. Rippe

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this is the first nursing book on cancer care designed around a conceptual model of whole person care key concepts are stress healing resilience and health as a clinical model nursing goals desired outcomes key concepts and proposed psychosocial interventions with patients and family caregivers advance the practice of clinical nursing toward a more comprehensive understanding of the whole person with cancer and their loved ones as a model for teaching nursing students about chronic illness it provides a scientific basis for students to learn how to assess and care for the whole person and his loved one as a model for clinical research in the field of cancer care it serves as a predicate for the development evaluation and interpretation of clinical interventions the model is a dynamic framework that both informs and is informed by research findings it is hoped that future research findings will reveal the optimal combination of interventions to provide comprehensive care across clinical contexts with a patient centred humanistic focus anchored by the quality of the nurse patient and family caregiver relationships it is hoped that the nurse s technical procedural and medical expertise may complement rather than define the nurse s approach to the whole patient and family the book is structured to facilitate the reader s easy access to needed information each chapter examines a key concept of the model and is organized around an introduction learning objectives definitions and relevant research findings that serve as the scientific predicate for suggested interventions discussed in part 4 nursing approaches clinical and personal anecdotes tables and figures illustrate the concepts under discussion nurse practitioners clinic nurse specialists nursing professors graduate students and nurse researchers may find this book a useful reference for conceptualizing whole person care and for determining relevant interventions that promote healing resilience and health but it is also relevant for family doctors and fourth year students learning to care for the whole person with a chronic illness

this open access book provides an analysis of the effects of the covid 19 pandemic on diverse education systems and of the results of the policies adopted to sustain educational opportunities through a series of diverse national case studies the book examines the preexisting fragilities and vulnerabilities in educational structures which shaped the nature of the varied responses around the world to teaching and learning during the worst crisis in public education in recent history the chapters in the book take stock of how educational opportunities changed in various education systems around the world as a result of the covid 19 pandemic answering the question of what did education systems and societies learn about education as a result of the pandemic the book covers diverse education systems with varying levels of resources and facing distinct education challenges including brazil chile finland japan mexico norway portugal russia singapore spain south africa and the united states

the fourth edition of dr james rippe s classic lifestyle medicine textbook continues to lead and inform the rapidly growing field of lifestyle medicine this is the discipline that focuses on the impact of daily habits and actions on both short and long term health and quality of life the first edition of this comprehensive work named the field of lifestyle medicine in the academic medical literature the fourth edition continues to span and expand the field and offers extensive evidence based literature in virtually every aspect of lifestyle medicine this textbook edited by cardiologist dr james rippe who is a leading lifestyle medicine researcher represents the combined wisdom and recommendations of over 325 experts in virtually every aspect of lifestyle medicine chapter authors have been chosen because of their background as leaders in various aspects of lifestyle medicine lifestyle medicine fourth edition contains extensive sections on the treatment and prevention of coronary heart disease stroke cancer diabetes obesity substance abuse dementia and many other clinical conditions key lifestyle modalities such as physical activity nutrition weight management sleep stress reduction and positive connections with other humans are supported by detailed discussion and state of the art evidence the expanded section on behavioral medicine provides an important framework for these discussions every chapter has been completely revised and many new topics added such as lifestyle medicine for nursing psychiatry and preventive neurology the fourth edition of this classic text continues to serve as the leading comprehensive textbook in lifestyle medicine the original has been called the indispensable bible of lifestyle medicine and the fourth edition of this work continues to justify this designation there is no longer any serious doubt that daily habits and actions have a significant impact on multiple aspects of health the fourth edition of lifestyle medicine provides the scientific evidence to support this assertion and will serve as an invaluable reference and guide not only to lifestyle medicine practitioners but to all primary care physicians subspecialty physicians nurses and other healthcare practitioners

in 2016 the world health assembly adopted the global health sector strategy ghss on viral hepatitis the ghss called for elimination of viral hepatitis b and c infection as a public health problem defined as a 90 reduction in incidence 95 for hbv and 80 for hcv and 65 reduction in

mortality by 2030 compared with the 2015 baseline a broad range of countries have now developed national viral hepatitis plans and several countries also requested guidance from the world health organization who on the establishment of global criteria for measuring elimination of viral hepatitis and a standardized process for validation of elimination who has developed this interim guidance for countries and other stakeholders seeking validation of elimination of viral hepatitis as a public health problem with a specific focus on hepatitis b virus hbv and hepatitis c virus hcv it provides a global framework for the processes and standards for validation of elimination and overall proposes the use of absolute impact targets to validate elimination at the national level instead of although equivalent to the relative reduction targets originally defined in the 2016 ghss in combination with a set of programmatic targets

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