## 18901

Bioökonomie für EinsteigerAdvances in technology for the sleep field, An Issue of Sleep Medicine Clinics, E-Book Joachim Pietzsch Steven Holfinger Bioökonomie für Einsteiger Advances in technology for the sleep field, An Issue of Sleep Medicine Clinics, E-Book *Joachim Pietzsch Steven Holfinger* 

dieses buch bietet eine aktuelle und gut lesbare einführung in die bioökonomie es vermittelt damit grundlegende kenntnisse zum verständnis eines transformationsprozesses der das 21 jahrhundert prägen wird und die integration vieler disziplinen und branchen verlangt die bisher wenig miteinander zu tun hatten die rede ist von dem allmählichen und notwendigen Übergang aus dem zeitalter fossiler brennstoffe das vor rund 200 jahren begann in eine weltweite wirtschaftsform die auf nachwachsenden rohstoffen und erneuerbaren energien basiert dieses buch begreift die verwirklichung von bioökonomie n dabei als eine dreifache herausforderung eine naturwissenschaftliche eine ökonomische und eine ökologische woher stammt die biomasse die wir vorrangig für die ernährung der wachsenden weltbevölkerung wie auch für eine zukünftige energetische und stoffliche nutzung brauchen wie wird sie in bioraffinerien verarbeitet und welche rolle kommt der biotechnologie zu welchegesichtspunkte der innovationsökonomie gilt es zu bedenken welche betriebswirtschaftlichen aspekte der wertschöpfung wettbewerbsfähigkeit und kundenakzeptanz sind von bedeutung welche bedingungen muss die bioökonomie erfüllen um eine nachhaltige entwicklung der erde zu ermöglichen darf sie überhaupt auf wachstumsziele setzen oder sollte sie sich nicht besser am ideal der suffizienz orientieren indem das buch diese fragen aus den nicht widerspruchsfreien perspektiven ausgewiesener experten behandelt gibt es einen interdisziplinären Überblick über ein dynamisches feld von forschung und praxis der mehr fragen aufwirft als beantwortet und dennoch eine lücke schließt denn bisher gibt es keine verständliche und fachübergreifende darstellung der bioökonomie das macht die lektüre dieses buches zu einem gewinn nicht nur für einsteiger sondern auch für fachleute die über die grenzen ihres eigenen fachgebietes hinausschauen wollen

in this issue of sleep medicine clinics guest editor dr steven holfinger brings his considerable expertise to the topic of advances in technology for the sleep field top experts discuss current development and use of multi modal sensors and technologies which make accurate sleep monitoring at scale a possibility in today s sleep medicine contains 15 practice oriented topics including using telehealth platforms to transform sleep care models are consumer wearable sleep trackers ready for clinical use potential implications of screen time in an age of augmented virtual reality advancements in sleep health to optimize human performance and more provides in depth clinical reviews of advances in technology for the sleep field offering actionable insights for clinical practice presents the latest information on this timely focused topic under the leadership of experienced editors in the field authors synthesize and distill the latest research and practice guidelines to create clinically significant topic based reviews

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