

Nutrazeutika für die Hausarztpraxis Arzneimittelversorgung und Therapiemanagement
in der Hämatologie und Onkologie Karin Buchar Robert Dengler

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sie möchten als Ärztin oder arzt den heilungsprozess ihrer patient innen mit bewährten hausmitteln unterstützen sie begrüßen dass patient innen fragen was sie selbst tun können sie suchen risikoarme und niedrigschwellige selbsthilfestrategien die sich als ergänzung zur ärztlichen therapie eignen haben aber nicht die zeit diese langwierig zu erklären dann ist dieses nachschlagewerk genau das richtige für sie das buch gibt einen gut strukturierten Überblick welche nutrazeutika als bewährte hausmittel bei gängigen krankheitsbildern und beschwerden helfen zu beginn führt das buch kurz allgemein in das thema des sicheren einsetzes von hausmitteln ein der größere teil des buches widmet sich in übersichtlicher tabellarischer form häufigen indikationen die für eine naturheilkundliche selbsthilfe vertretbar sind die zutaten für die vorgeschlagenen hausmittel sind in einem durchschnittlichen haushalt vorhanden oder im supermarkt zu finden als lebensmittel haben sie kein toxisches potenzial mögliche anwendungsfehler z b hitze werden genau beschrieben Ärzt innen erhalten mit diesem buch wichtige fachinformationen zur evidenz patient innen wird mit präzisen anleitungen für die praktische durchführung weitergeholfen

dieses buch richtet sich an alle akteure und entscheidende in der hämatologie und onkologie in der klinik und praxis tätige Ärzte apotheker in klinik und offizin controller und manager in gesundheitseinrichtungen sowie leitende angestellte in der pharmazeutischen industrie der selbstverwaltung und versorgungsforschung forschung entwicklung zulassung und anwendung von arzneimitteln in der onkologie laufen auf

einem beispiellos hohen niveau und überschwemmen mit einer informationsflut die ärztlichen und pharmazeutischen anwender hohe kosten bei gleichzeitig begrenzten budgets erfordern daher ein kluges management deshalb sollten alle akteure und entscheidener die grundprinzipien des versorgungsmanagements verstehen und wissen wie diese richtig angewendet werden können nur so können arzneimittelentwicklung das krankheitsmanagement und die patientenversorgung effizient gestaltet werden durch ein ausbalanciertes management behalten sie den Überblick über informationsflut und neuerungen können vorhandene budgets ökonomisch sinnvoll einsetzen und den patienten bestmöglich versorgen

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